

Pre-Hockey 1**Price: \$175**

This class will teach beginning elements of skating including: foot glides, foot jumps, forward swizzles, backward skating and beginning work on snow-plow stops.

Available Classes (40 minutes):

Monday	9:45am – 10:25am
Tuesday	4pm – 4:40pm
Saturday	7:55am – 8:35am

Pre-Hockey 2**Price: \$195**

Skaters will learn how to skate with full equipment and proper technique of skating with a stick. This program will teach hockey skating techniques like striding, backwards swizzles, one foot scooter pushes, two foot turns, one foot hockey stops, and other skating agility moves.

Available Classes (50 minutes):

Tuesday	4:45pm – 5:35pm
Saturday	8:35am – 9:25am

Pre-Hockey 3**Price: \$195**

For advanced skaters seeking to hone their hockey skills for competitive team play on a house team in the future. Skaters will develop backwards crossovers, pivot turns, step out turns, and inside/outside edge control. Players will also gain an understanding of controlling the puck with the forehand/backhand sides of the stick. Full hockey gear is required.

Available Classes (50 minutes):

Thursday	3:55pm – 4:45pm
Sunday	9:20am – 10:10am

SPECIALTY CLASSES**Scooters****Price: \$195**

Designed for players who are interested in additional practice and scrimmage ice time to develop necessary team skills. The goal of the class is to develop an understanding of team game play, confidence in puck handling, shooting and passing.

Available Classes (45 minutes):

Thursday	4:45pm – 5:30pm
Sunday	10:10am – 10:55am

Small Group Squirt – Pee wee**Price: \$200**

Small group clinics are a great way to advance your skater's skills. With more personal attention, we have narrowed the focus to the most important skills that will accelerate your skater's development.

Available Classes (60 minutes):

Friday	4:30pm – 5:30pm
--------	-----------------



2012 Learn to Skate & Youth Hockey Clinics

Session 3: 1/9/12 – 3/4/12



**2111 Founders Drive
Northbrook, IL 60062**

Phone: 847-480-1800

Fax: 847-480-1899

www.northshoreicearena.org

